



# *Newman International Academy Mansfield*

Week of: May 14<sup>th</sup> – May 18<sup>th</sup>

Thank you for all your generosity for teacher appreciation week! It was so nice to see all the little tokens of appreciation throughout the school. Many of you went above and beyond and it was definitely noticed! The PSC brought the entire staff lunch last Friday, and we have Sweet Frog coming from Midlothian this Friday to treat them all! We have the BEST teachers!

School supply pack info went home this week. Please be sure to get that turned in by the end of the year. As a PSC, we are simply organizing the ordering of supplies. We did not charge any extra money other than to make dollar amounts even. This is the most cost and time efficient way of getting all your school supplies taken care of!

End of the year parties are on Wednesday, May 23 from 10:30-12:00. Your room moms will be organizing and planning these parties. Please do your best to support them to make the last day fun for everyone.

On the last day we are also collecting school shoes! If your children would like to donate their school shoes to Soles4Souls they may bring flip flops to change into \*after\* shoes are collected.

As we prepare for the STAAR, please finish reading the attached article regarding test anxiety (page 2). I hope that it will help you better equip your children to be confident and test ready. They will do great! - Mr. Shull

### STAAR TESTING DATES

MON, 5/14	TUES, 5/15	WED, 5/16
3 <sup>rd</sup> , 4 <sup>th</sup> , 6 <sup>th</sup> gr Math and 5 <sup>th</sup> gr - Math Retest	3 <sup>rd</sup> , 4 <sup>th</sup> , 6 <sup>th</sup> gr Reading and 5 <sup>th</sup> gr - Reading Retest	5 <sup>th</sup> gr - Science

Yearbooks are going home next week. The book covers everything up until March. A supplement with all the spring events to be added into the back of the book will be published this summer. If you give permission for your child to pass his/her book around for autographs, you may send it back on the last day of school.

### WHAT'S HAPPENING...

- STAAR TESTS, 5/14 - 5/16
- KINDERGARTEN GRADUATION & AWARDS, 5/18
- AWARDS CEREMONY & 6<sup>TH</sup> GRADE CROSS OVER, 5/21
- TALENT SHOW, 5/22
- LAST DAY OF SCHOOL-HALF DAY, 5/23



More Days  
Until

SUMMER

### CONTACT US

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## Test Anxiety Is Alive and Well

### The Grey Area

Obviously, not all test anxiety stems from our society's ideas about success and intelligence. For some students, these anxious or avoidant behaviors around testing may be amplified because of learning differences or memories of past "failures." You know your child best. If you feel you need to advocate for them – by reaching out to a teacher, or a school counselor, or an education specialist – follow your gut. If you're already working with someone to help your child do better in school but notice that anxiety is still popping up around their studies, bring your newfound information about how they learn to a conversation with that person. Compare notes. Brainstorm ideas. Do what you feel you can to help make your child's learning experience a little different.

### The Bottom Line

Like anything else, test anxiety is a broad, complex, and highly individualized issue. I'm happy to share my thoughts on where some of these feelings come from, and one or two new ways for you to connect with your child, but always go to an expert when dealing with your concerns.

We all want our kids (and all kids) to feel confident in school, and to develop a true love for learning. Find your north star for these situations, and travel along that path that works best for your family.

#### ABOUT THE AUTHOR:

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happy  
mother's day!